

A HEALTHIER COMMUNITY STARTS WITH YOU!

Help us be the healthiest county in Michigan!

Where we are now: Muskegon is currently the **unhealthiest county** in the state of Michigan - 82 out of 82 in Health Behaviors.
(countyhealthrankings.org)

Where we want to be: Muskegon will be the **Healthiest County** in Michigan by the year 2021, because a healthy community is the foundation for academic achievement and economic prosperity.

We want to be #1 in 2021!

How do we get there? JustStart:

- ✓ Educating ourselves about healthy choices.
- ✓ Increasing access to healthy choices for **all** in our community.
- ✓ Encouraging each other to make healthy choices.
- ✓ **Believing in ourselves and in each other!**



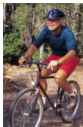
We will be #1 in 2021!

Read, learn, connect:

- ✓ 1in21.org
- ✓  [/HealthyMuskegonCounty](https://www.facebook.com/HealthyMuskegonCounty)

**ONE IN
21**

HEALTHY MUSKEGON COUNTY
STATE'S HEALTHIEST BY 2021



Help our community achieve its vision of a healthier place to live, work & play!